


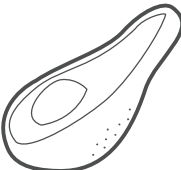

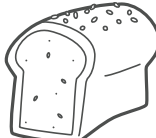


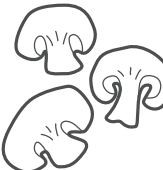







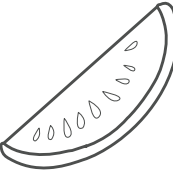





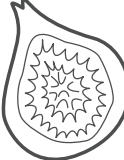




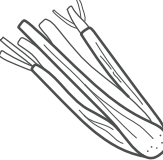


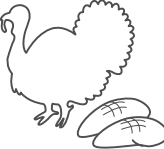
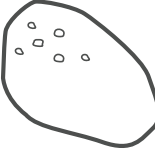
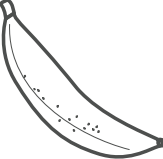
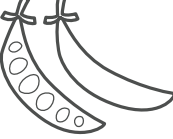
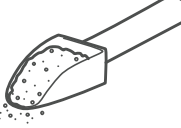





Food scramble and sort

Sort these foods into the following groups: vegetables and fruits, whole grain foods, and protein foods.

	 broccoli	 radish	 avocado	 cabbage	 whole wheat bread	 kidney beans
 carrots	 mushrooms	 grapes	 peas	 brown rice	 lentils	
 tomato	 strawberry	 mango	 watermelon	 whole grain spaghetti	 cantaloupe	
 spinach	 blueberries	 pumpkin	 fig	 barley	 light tuna	
 squash	 apple	 celery	 whole grain pita bread	 chicken	 turkey	
 potato	 banana	 snow peas	 bulgur	 trout	 nut butter	

Food scramble and sort

					
cucumber	onion	zucchini	wild rice	walnuts	milk
					
cauliflower	asparagus	orange	oatmeal	almonds	wild game
					
sweet potato	honey dew melon	pear	whole grain crackers	chickpeas	split peas
					
okra	raspberries	pineapple	whole grain penne	peanuts	cashews
					
bok choy	blackberries	corn	whole grain tortilla	tofu	cottage cheese
					
kale	cherries	lettuce	whole grain cereal	plain yogurt	peaches

Food scramble and sort

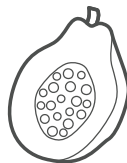
Think of other foods to explore and how they can be sorted into the following groups: vegetables and fruits, whole grain foods, and protein foods.



lemon



eggplant



papaya



quinoa



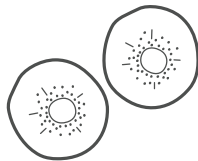
egg



soybeans



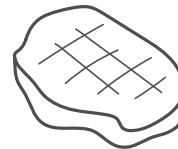
bell pepper



kiwi



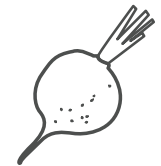
lychee





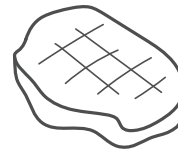
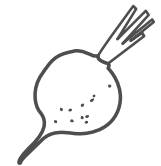
pork chops



sunflower
seeds



beets

 lemon	 eggplant	 papaya	 quinoa	 egg	 soybeans
 bell pepper	 kiwi	 lychee	 pork chops	 sunflower seeds	 beets