

How does it grow?

Front

Potatoes



How do they grow?

Canada.ca/FoodGuide

How does it grow?

Back

Potatoes grow in soil, under the ground.



How does it grow?

Front

Corn



How does it grow?

How does it grow?

[Back](#)

**Ears of corn grow on long grassy stalks.
Each ear contains many grains, which are kernels of corn.**



How does it grow?

Front

Asparagus



How does it grow?

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How does it grow?

Back

Asparagus is a stalk that grows from the ground.



How does it grow?

Front

Carrots



How do they grow?

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How does it grow?

Back

Carrots grow in soil, under the ground.



How does it grow?

Front

Avocados



How do they grow?

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How does it grow?

Back

Avocados grow on trees.



How does it grow?

Front

Strawberries



How do they grow?

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How does it grow?

[Back](#)

Strawberries grow from a crown of leaves.



How does it grow?

Front

Mushrooms



How do they grow?

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How does it grow?

Back

Mushrooms can grow on many surfaces, like soil or trees.



How does it grow?

Front

Beans



How do they grow?

How does it grow?

[Back](#)

Beans grow in pods that hang from a bush or vine.



How does it grow?

Front

Wheat



How does it grow?

How does it grow?

Back

**Wheat is a plant that looks like tall grass.
At the top, it has grains that are processed to make flour.**



How does it grow?

Front

Rice



How does it grow?

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How does it grow?

[Back](#)

Rice grows in wet fields called rice paddies.



How does it grow?

Front

Pineapples



How do they grow?

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How does it grow?

Back

Pineapples grow from the centre of a crown of leaves.



How does it grow?

Front

Soybeans



How do they grow?

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How does it grow?

[Back](#)

**Soybeans grow in pods that hang from bushes.
They are processed to make soy products such as tofu and soy milk.**

