

Front

Potatoes







How do they grow?





Back

Potatoes grow in soil, under the ground.







Front

Corn



How does it grow?





Back

Ears of corn grow on long grassy stalks. Each ear contains many grains, which are kernels of corn.





Canada



How does it grow?

Front

Asparagus







How does it grow?





Back

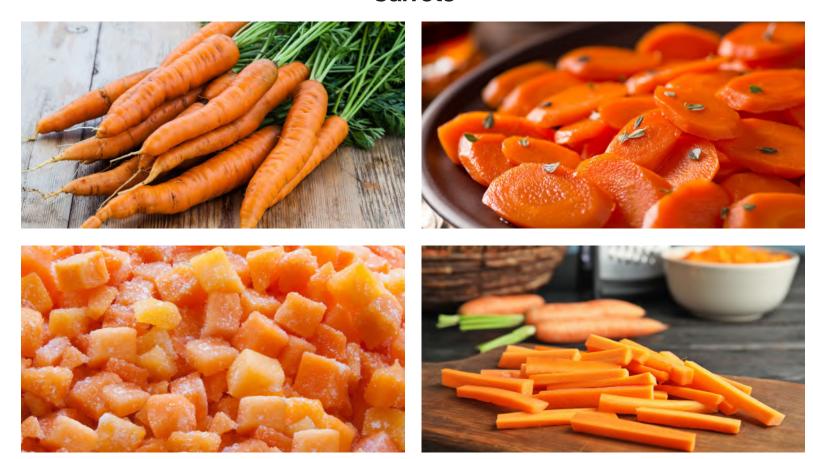
Asparagus is a stalk that grows from the ground.





Front

Carrots



How do they grow?





Back

Carrots grow in soil, under the ground.







Front

Avocados









How do they grow?





Back

Avocados grow on trees.







Front

Strawberries







How do they grow?





Back

Strawberries grow from a crown of leaves.







Front

Mushrooms







How do they grow?





Back

Mushrooms can grow on many surfaces, like soil or trees.









Front

Beans









How do they grow?





Back

Beans grow in pods that hang from a bush or vine.





Canada



How does it grow?

Front

Wheat



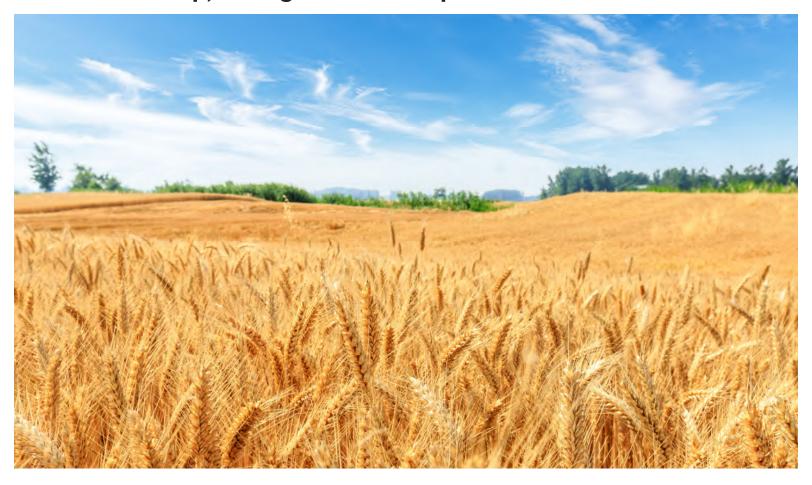
How does it grow?





Back

Wheat is a plant that looks like tall grass. At the top, it has grains that are processed to make flour.

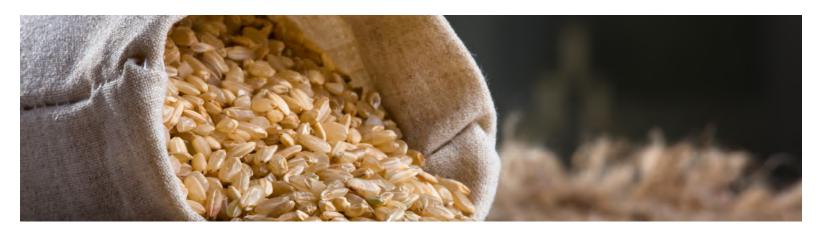






Front

Rice







How does it grow?





Back

Rice grows in wet fields called rice paddies.







Front

Pineapples







How do they grow?

Canada.ca/FoodGuide



Santé





Back

Pineapples grow from the centre of a crown of leaves.





Canada



How does it grow?

Front

Soybeans









How do they grow?





Back

Soybeans grow in pods that hang from bushes. They are processed to make soy products such as tofu and soy milk.



